



CO-PARENTING THERAPY

Learn how to address conflict and communication difficulties in a respectful manner while keeping the best interest of the child in mind at all times.

When there is a strong co-parenting relationship with healthy communication, the child's mental health is stronger and the prognosis for their future relationships is improved. Co-Parenting Therapy helps the family system function in healthier ways with more effective and appropriate communication.

Facilitated by Eben Danielson, M.Ed., LPCC and Heather Siek, Psy.D., LPCC

- Teaches parents how to effectively communicate and resolve conflict
- Keeps the child's best interest at the forefront
- Participants meet with both a male and female counselor
- Only child(ren)'s parents attend; kids/current partners are not present
- One hour per week
- Typically involves 10 sessions
- Self-pay



TO REGISTER, CALL 701.451.4811



**815 37th Ave S, Moorhead MN
www.TheVillageFamily.org**